

Quiet Time

Of Highest Significance

2018

PURPOSE (WHY?)

Greater intimacy with Christ

JESUS DID IT

Very early in the morning, while it was still dark, Jesus got up, left the house, and went off to a solitary place, where he prayed. Mark 1:35 NIV

WHAT IS A QUIET TIME?

A time to hear from God (read His Word) and talk to God (Pray)

A Quiet Time before the Lord each morning is life changing.

CS Lewis, in *Mere Christianity*, wrote “...the real problem of the Christian life comes where people do not usually look for it. It comes the very moment you wake up each morning. All your wishes and hopes for the day rush at you like wild animals. And the first job each morning consists simply in shoving them all back; in listening to that other Voice. ...we can only do it for moments at first. But from those moments the new sort of life will be spreading through our system: because now we are letting Him work...”

When should I have a quiet time?

First thing in the morning. God desires our first fruits. Daily, including weekends and vacations.



What should my quiet time look like?

Focus on the main thing, which is **intimacy with Christ** through talking to Him (prayer) and hearing from Him (reading His Word).

Include **scripture memory** (review known verses and learn new ones)

His Word: Explore different Bible versions (KJV, NIV, MSG, etc.), a chronological Bible, new/old testament, etc.

Prayer: Seek to find out what pleases the Lord. Seek to grow in a pure, sincere devotion to the person of Jesus, abiding in Him and identifying with Him.

Reference: *Seven Minutes With God*



As a “Paul” you will do well to implement a healthy quiet time that you can then pass on to your Timothy, strengthening and encouraging him. Equally important you will model for your spouse and children an invaluable practice; encouraging them to do likewise.

Psalm 143

⁸ Let the morning bring me word of your unfailing love,
for I have put my trust in you.
Show me the way I should go,
for to you I entrust my life.
⁹ Rescue me from my enemies, LORD,
for I hide myself in you.
¹⁰ Teach me to do your will,
for you are my God;
may your good Spirit
lead me on level ground.

At the threshold of the new day stands the Lord who made it. All the darkness and distraction of the dreams of night retreat before the clear light of Jesus Christ and His wakening Word. All unrest, all impurity, all care and anxiety flee before Him. Therefore, at the beginning of the day let all distraction and empty talk be silenced *and let the first thought and the first word belong to Him to whom our whole life belongs.* Dietrich Bonhoeffer

Supplemental Resources:

Note: *The value of supplemental books is that they may point you to the Bible from a new perspective. God reveals through His Word, which is the Bible. The vast majority of morning reading should be from the Bible.*

The Indwelling Life of Christ by Ian Thomas

Live Loved by Max Lucado

My Utmost for His Highest by Oswald Chambers

Facts of the Matter by Dwight Hill

Diary of a Desperate Man by Walt Henrichsen

Other daily devotionals